

Heartview Foundation Network Assisted Recovery



Historical Background

- ▶ Heartview was established in 1964
- ▶ Provides a broad continuum of services including residential, outpatient, continuing care, OTP
- ▶ In 2010 Heartview began to integrate technology into clinical care
- ▶ The goal was to use technology to engage and retain patients and families in treatment and increase continuing care completion rates



Continuing Care Survey Results

- ▶ The mean number of miles (round trip) patients travel to attend continuing care is **37.5** miles (at today's gas prices --**\$20.06** per week in gas)
- ▶ Patients travel between **1-125** miles round trip
- ▶ Approximately 20% of patients travel **80** miles (round trip) to attend continuing care groups (\$42.80 per week for gas)



SAMHSA Grant Goals

Use technology to:

- ▶ Enhance engagement and retention in treatment
- ▶ Improve completion of continuing care services

As a result, NAR (Network Assisted Recovery) was created



- ▶ NAR is a private, social network designed to be a clinical extender to reach rural and underserved patient of Heartview. NAR includes daily messages of support, education, and guidance for Heartview patients which is available 24/7. It provides an opportunity for contact with staff, counselors, and other patients.



NAR Network Assisted Recovery Discussions (594)

[Back to *NAR* Network Assisted Recovery](#)

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Discussions

5-15-15...Helping Eachother

During your treatment process, how do you feel your peers or group members have helped you? What advice have they given you that has stu...

Started by Jamie, RN

4-16-15

Yesterday I lost a dear person who was at one time a big part of my life. I know there are simple things in life I sometimes take L

Started by Jessie, RN

5-17-15

The 3 Best Yoga Poses For Stress Relief Feel calm and relaxed in 15 minutes or less. posted on Apr. 5, 2015, at 9:01 am. "> Sally Tama ...

Started by Jessie, RN



5/20/15 Four Questions About My Addiction

Here's a neat wQJ1(sheet I thought I would pass on...Jet us know if you answered these questions and what you thought about it Four aueslio...

Started by Shawn



5-14-15

lve th s quote! Can you relate to this quote to starting recovery? Do you look at things differently now?

Started by CrystaRN



5/13/15 "Spice"

From drugabuse.org spice refers to a wide variety of herbal mixtures that produce experiences similar to marijuana (cannabis) and that ar...

Started by Shawn

Replies

13

Sort by: Latest Activity



Latest Activity

May 29

Reply • • • • •

5

May 29

Reply by • • • • •

9

May 29

Reply by • • • • •

5

May 29

Reply by • • • • •

9

May 29

Reply by [REDACTED]

12

May 29

Reply by [REDACTED]



Barriers

- ▶ Technology
- ▶ Infra- Structure
- ▶ Patient Motivation
- ▶ Confidentiality
- ▶ Policies
- ▶ Security
- ▶ Changing the culture of treatment methodology
- ▶ Staff Buy-In
- ▶ Work Flow
- ▶ Communication
- ▶ Champions

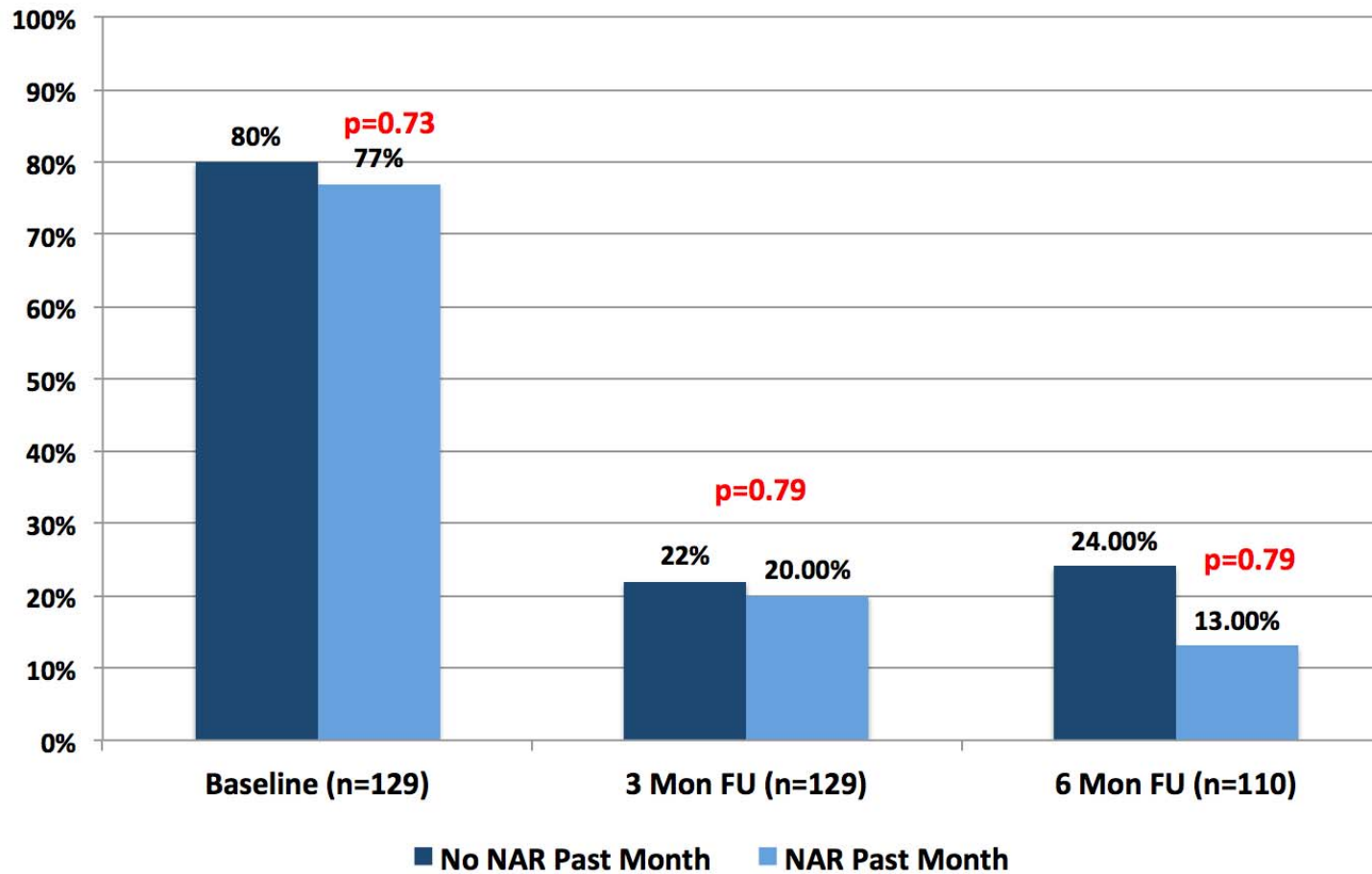


Completed Continuing Care (CC)

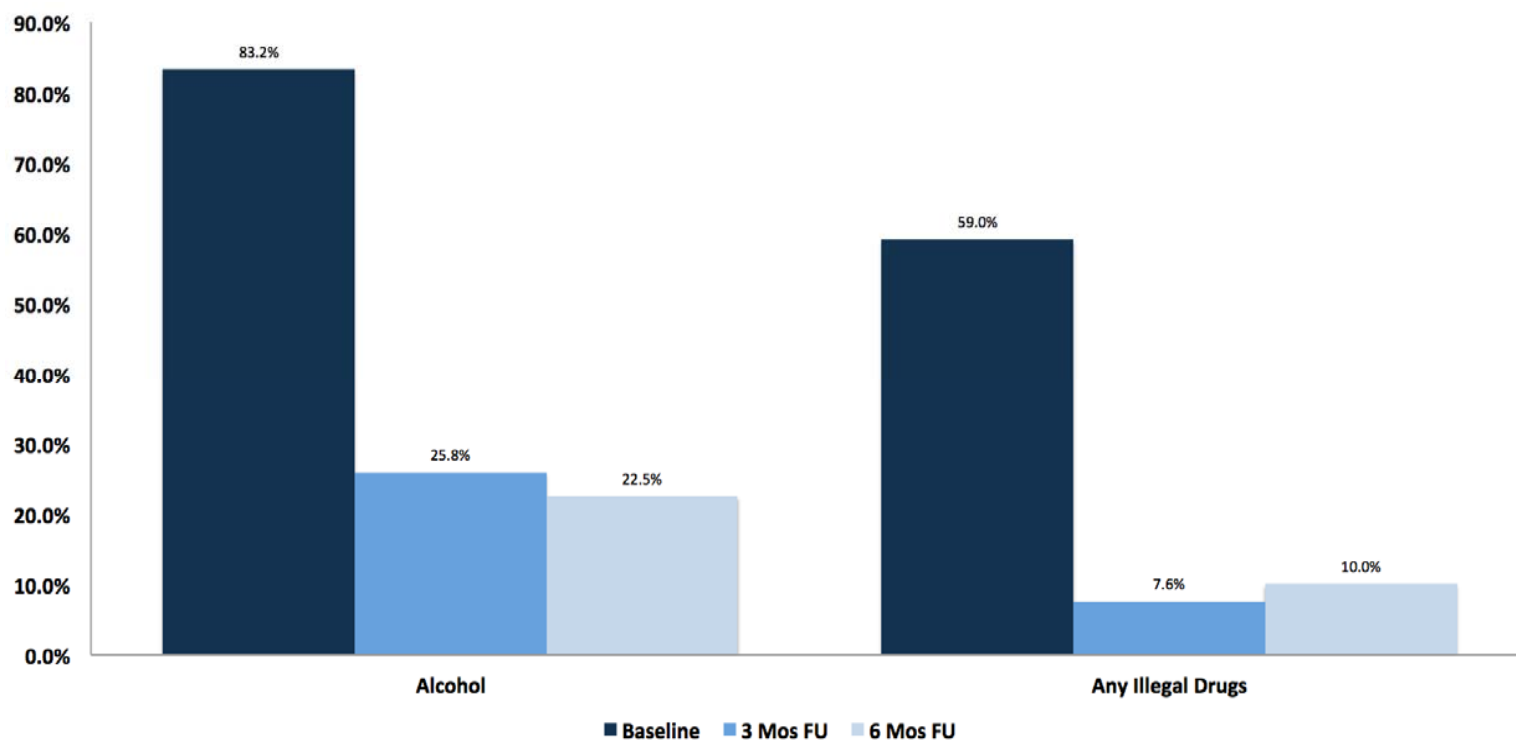
- ▶ Among the 182 participants, 55% (n=101) entered CC at Heartview
- ▶ Participants reporting using NAR at 3 months were more likely to have completed CC, however this difference was not statistically significant
 - ▶ NAR Users: 46% (n=18) completed CC, mean CC visits=13.5
 - ▶ Non-NAR Users: 30% (n=3) completed CC, mean CC visits=10



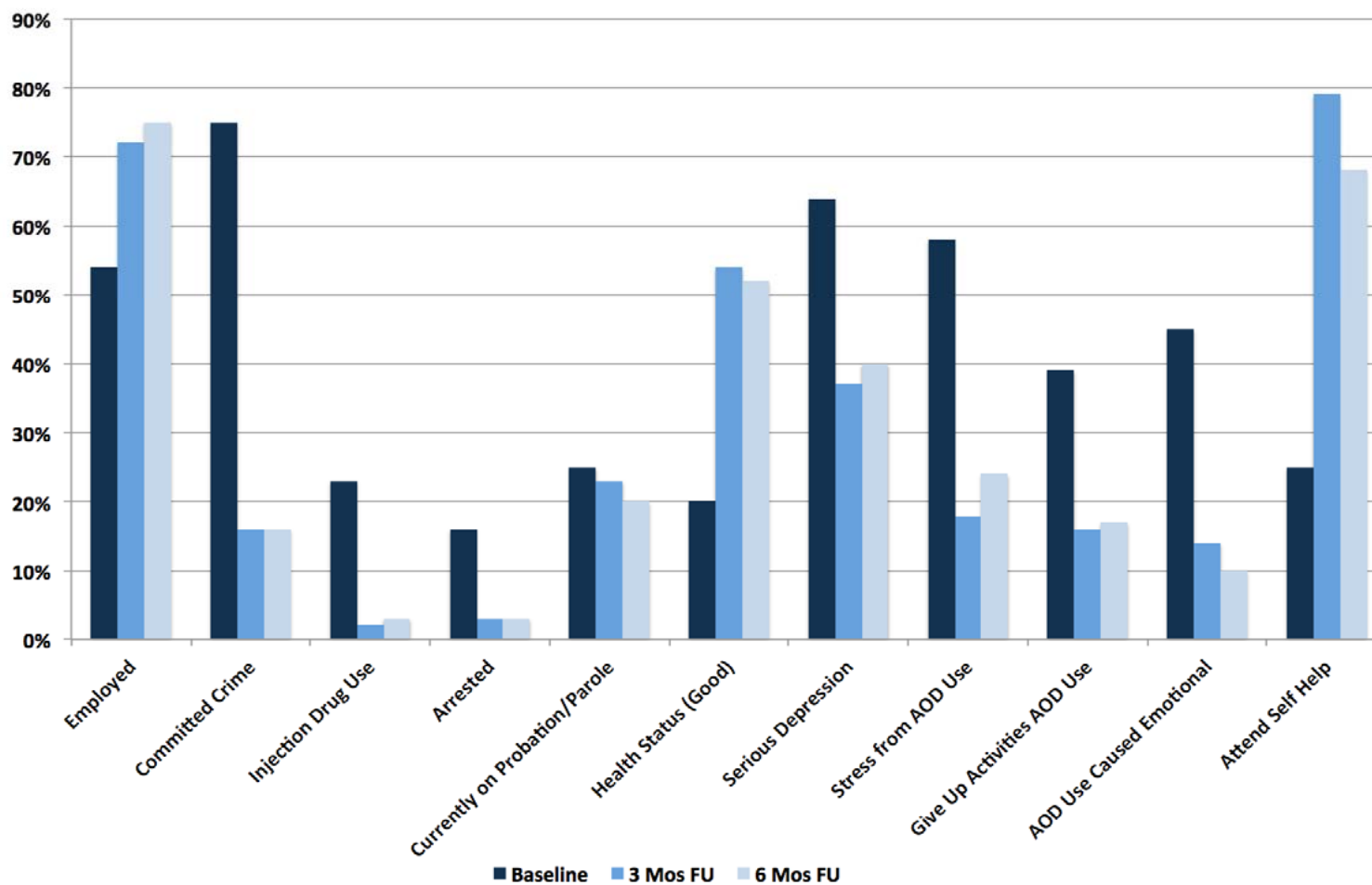
Any Alcohol Use in Past Month by NAR Utilization



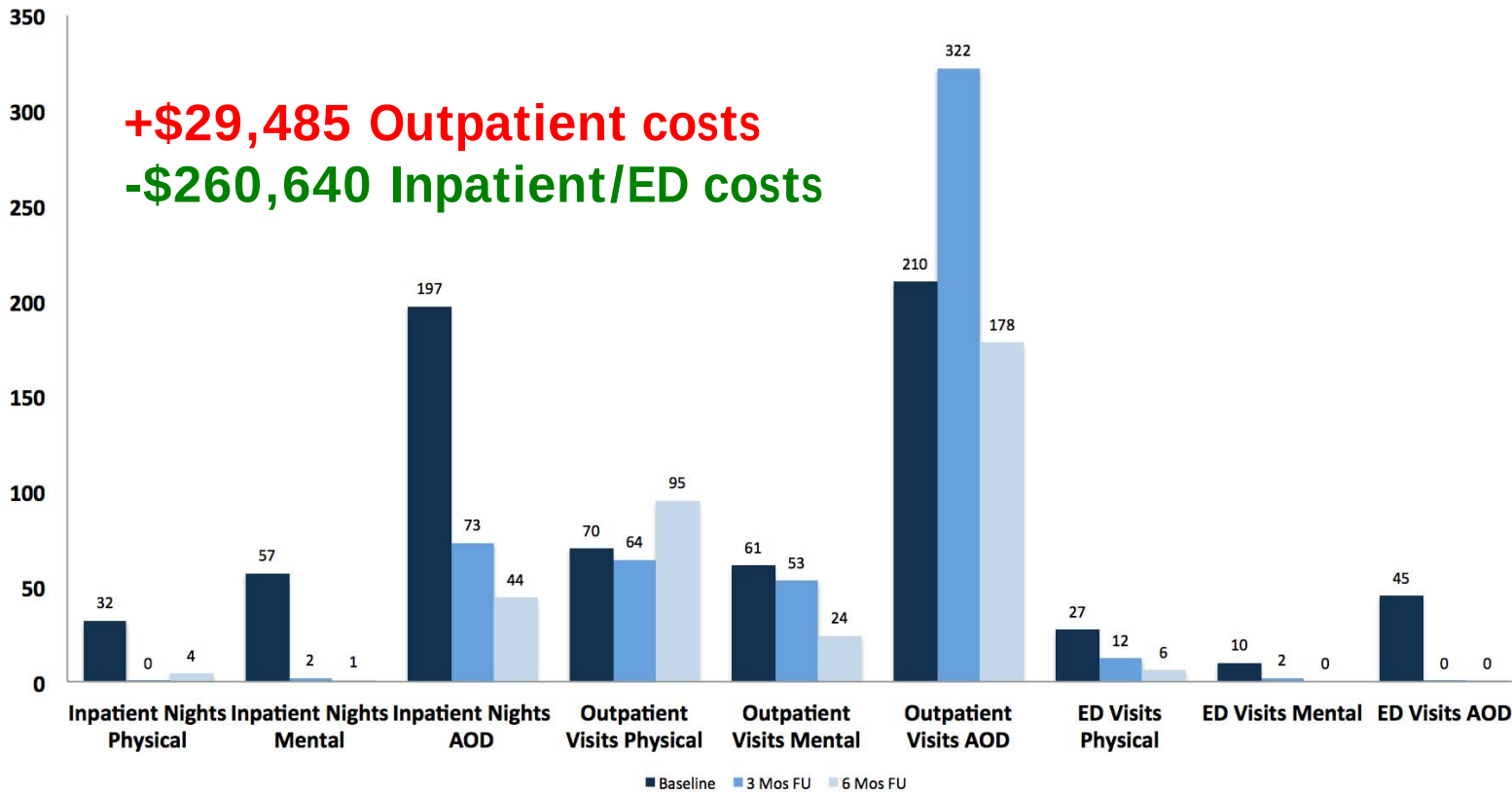
Past Month Alcohol & Drug Use at Baseline, 3- & 6 Months



Past Month Outcomes at Baseline, 3 & 6 Months



Change in Service Utilization Between Baseline & Follow-Up at 3/6 Months (n=191)



Save approximately \$2,168 in service expenditures for every patient treated



Summary

- ▶ Patients that receive treatment at Heartview report at 3- and 6-months after treatment:
 - ✓ Less alcohol use
 - ✓ Less drug use
 - ✓ Less likely to engage in criminal behaviors
 - ✓ More likely to obtain employment
- ▶ After entering treatment at Heartview, patients' have less inpatient hospitalizations & emergency department visits
- ▶ A health care payer may anticipate a >\$2,000 reduction in high intensity service utilization for every patient treated at Heartview



+\$29,485 Outpatient costs
-\$260,640 Inpatient/ED costs



Save approximately \$2,168 in service expenditures for every patient treated

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