

2013 TEXAS ADDICTION RESEARCH TO PRACTICE CONFERENCE

LEARN HOW SCIENCE CAN IMPROVE ADDICTION TREATMENT

Friday, April 26, 2013

Center for Community Cooperation | 2900 Live Oak Street | Dallas, TX 75204
Oak Corner Meeting Facility

- 9:00 - 9:15 Welcome
- 9:15 - 10:00 Advanced Motivational Interviewing: Shifting from Talk to Action
Scott Walters, Ph.D.
- 10:00 - 10:45 An Introduction to Acceptance and Commitment Therapy (ACT) with a
focus on Opioid Dependent Patients
Angela Stotts, Ph.D.
- 10:45 - 11:00 Break
- 11:00 - 12:30 Pharmacotherapy for Addictive Disorders
Sidarth Wakhlu, M.D.
- 12:30 - 2:00 Lunch (on your own)
- 2:00 - 3:30 Breakout Sessions: Advanced MI Skills Building (Trinity Room)
- ~ or ~
- ACT Skills Introduction (Brazos Room)
- 3:30 - 3:40 Break (return to Oak Corner Meeting Facility)
- 3:40 - 4:00 Conclusion

Conference Directors:

- ◇ Madhukar H. Trivedi, M.D.
- ◇ Robrina Walker, Ph.D., LP
- ◇ Becca Crowell, M.Ed., LPC, LCDC
- ◇ Doug Denton, M.A., LCDC, LCCA

Free CEUs for LCSWs, LCDCs, LPCs:

- ◇ CEUs provided by Nexus Recovery Center, Inc.
- ◇ Please return completed conference evaluations to
registration desk to receive CEU certificate
- ◇ Morning (3.5) or full day (5.5) CEUs available

Slides available at <http://ctndisseminationslibrary.org/display/955.htm> after the conference

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Speaker Biographies

Dr. Angela Stotts is a clinical psychologist and researcher specializing in behavioral treatments for substance use disorders. Dr. Stotts is an Associate Professor and Director of Research at the University of Texas Medical School at Houston. She holds appointments in both the Department of Family and Community Medicine and the Psychiatry and Behavioral Sciences. She is also the Director of the Behavioral Health and Addictions Research Program. She has been the principal or co-investigator on multiple NIH and other funded treatment research grants. She has had National Cancer Institute, Health Resources and Services Administration, and National Heart, Lung, and Blood Institute funding to test novel behavioral interventions for pregnant smokers and for smokers with an infant in the neonatal ICU. She has been studying acceptance and commitment therapy (ACT) for the past 8 years and received NIDA funding to develop and test an intervention for opiate dependent patients entering methadone detoxification.

Dr. Sidarth Wakhlu is board certified in Addiction and General Adult Psychiatry. He is the Medical Director of the Substance Abuse Team at the North Texas VA Health Care System and an Associate Professor of Psychiatry at UT Southwestern Medical School as well as Addiction Psychiatry Fellowship Training Director. His areas of interest are opioid and nicotine addiction. He is active in medical student, resident and fellow teaching. He has been the recipient of several teaching awards including the prestigious “Excellence in Education” teaching award for medical student education at UT Southwestern. He has been published in peer reviewed journals and has a book chapter to his name in a substance abuse book.

Dr. Scott Walters is trained in clinical psychology and is a Professor of Behavioral and Community Health at the University of North Texas Health Science Center in Ft. Worth. Dr. Walters’ research focuses on developing better ways of talking with people about change. This has involved translating effective counseling strategies such as motivational interviewing to non-traditional settings (e.g., healthcare, criminal justice) and modalities (e.g., web, mobile, phone). He is currently principal or co-investigator on four National Institutes of Health (NIH) grants testing in-person versus computer interventions to increase probation compliance; a web-based psychosocial program for substance abuse disorders; brief alcohol interventions in a hospital trauma unit; and phone counseling to increase colon cancer screening rates. His publications include 50 peer-reviewed journal articles and five books, including most recently, *Treating Substance Abuse: Theory and Technique (3rd Ed.)*. In addition to research, he has conducted over 70 invited trainings for criminal justice workers, counselors, and healthcare professionals, and served as a consultant on projects to develop Internet, mobile and phone-based interventions for a variety of health behaviors.

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