



## Breastfeeding with Medication for Opioid Use Disorder (MOUD)

### Transcript

My name is Erika. I'm the proud mother of four beautiful boys. I also have opioid use disorder, or OUD. I've been taking a medication called buprenorphine to treat my opioid use disorder, even while I was pregnant. During one of my pregnancies, I was told that it was not safe to breastfeed while taking medication for opioid use disorder, or MOUD. As a result of this, I missed out on the chance to get to nurse my baby. After talking with my doctor and reading the latest research, I now know that it is absolutely safe to breastfeed during MOUD treatment. I want other moms to be able to try breastfeeding. It helps with bonding with and reducing any withdrawal symptoms if a baby was to develop neonatal opioid withdrawal syndrome, or NOWS. I encourage others to ask their doctor about the benefits of breastfeeding, even with MOUD treatment. There may be other reasons why it isn't recommended for you, so talk to your doctor first. Do it for you and do it for your baby.