

INTEGRATED STRATEGIES

HPTN 094

INTEGRA: A Vanguard Study of a Mobile Health Delivery Unit to Link Persons who Inject Drugs to Integrated Care and Prevention of Addiction, HIV, HCV and Primary Care

Peer Navigation was used to integrate interventions on the intersecting epidemics of addiction and infectious diseases and to provide links to other needed services:

Both arms used navigation to engage, link and retain PWID in:

- Opioid treatment (methadone, buprenorphine) and harm reduction
- HIV care (medications and PrEP), primary care, testing and treatment for STIs and HCV
- Mental health diagnosis and treatment, trauma services, social services, housing, etc.



MOTIVATION: There is NO standard of care for PWID in the U.S. for access to any of these services

Integrated multi-level conceptual models guide peer navigation core elements and implementation:

- Systems Theory, Social Determinants of Health, Structural Vulnerability Theory, **and** Intersectionality
- Social Support Theory
- Social Cognitive and Social Learning Theories
- Self-determination Theory and Empowerment Theory



The Navigation Intervention's Guiding Principles and Approaches

Person-Centered: Prioritize the needs and preferences of the participants

Strengths-Based: Focus on clients' strengths and assets rather than just their deficits.

Shared Lived Experience: Draw on their own experiences to provide practical advice

Cultural Competencies: Deliver a culturally-sensitive intervention, foster a sense of connection and understanding.



The Navigation Intervention's Guiding Principles and Approaches

Trauma informed: Screening and assessment are used to identify trauma histories and their potential influence on substance use, mental health, and overall well-being

Attention is paid to root causes of barriers to accessing care: Attention to systemic racism, lack of housing, incarceration, stigmatization by providers and systems

Flexible Intensity: The number of meetings/sessions are tailored to the needs of the participant, with a maximum of 26 weeks

Peer Focused: Peer navigator supervision and ongoing training provided for support and fidelity



HPTN 094 will use Implementation Science to



*Understand barriers and facilitators that affect how **Integrated Peer Navigation** is implemented across different settings and*
*Learn how these contexts affect the intervention's effectiveness (**Fidelity of implementation of the navigation**)*



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